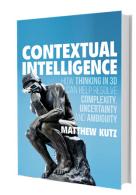


You Just Found Your Next or conference breakout

SIX KEYS TO CLARITY

Based on my award-winning book this talk is mingled with humorous stories from some of my adventures traveling the globe (from Diving with Great White Sharks in South Africa, Trekking Endangered Mountain Gorillas in Uganda, and Snorkeling the Great Barrier Reef in Australia) to working as an Athletic Trainer with elite athletes. In this keynote I unpack the science and practical know-how of the kind of thinking it takes to gain clarity in an uncertain and complex world.



The key take-a-ways apply to leaders, managers, team members and anyone interested in personal development, leadership, navigating relationships, and organizational performance.

KEY TAKE-A-WAYS

- Learn the 3 meta-skills needed to enhance decision-making and gain clarity
- Discover how the three dimensions of thinking (3D Thinking) add context and clarity to your experiences
- Find out practical ways to navigate complex and turbulent situations





- 1. **Embrace Complexity** Leadership and life are not complicated, but they are complex. Very complex! Understanding the difference is critical to developing foresight.
- **2. Leverage Synchronicity -** "Coincidences" create the assumptions we live and lead by. Exploring how our memories shape what we experience unlocks accurate hindsight.
- **3. Seek Tacit Awareness -** The origin stories of what we have come to believe must be uncovered in order to accelerate wisdom and acquire insight.
- **4. Practice Foresight** Practicing foresight requires answering the question, "what can I do to help create what we need?"
- **5. Use Hindsight** Using hindsight requires answering the question, "how are my memories influencing my decisions?"
- **6. Gain Insight** Gaining insight requires answering the question, "what is happening now that is influencing how I view my past and our future?"

Leadership and life aren't just complicated—they're complex. Navigating this complexity requires more than just intelligence; it demands foresight, hindsight, and insight. In this keynote, I'll unpack six transformative principles that will help you lead with clarity in an unpredictable world.

We'll explore how to embrace complexity by distinguishing it from mere complication, leverage synchronicity to uncover the hidden patterns shaping our decisions, and seek tacit awareness to accelerate wisdom. You'll learn to practice foresight by asking "What can I do to help create what we need?", use hindsight to understand "How are my memories influencing my decisions?", and ultimately gain insight into "What is happening now that is shaping my view of the past and future?"

This keynote isn't just about new ideas—it's about equipping you with a new way of thinking. Are you ready to shift your perspective and lead with greater wisdom and confidence?